

## 2023 Flower Power Cruise

## VENUE - (H) ROOFTOP TERRACE, DECK 12 AFT • MARCH 23 • THURSDAY

MARCH 23 • THURSDAY		
10:30pm – 11:00pm	<b>Starlight Meditation</b> <i>Artists: Integral Yoga Institute</i>	(H) Rooftop Terrace, Deck 12 Aft
MARCH 24 • FRIDAY		
8:00am – 9:00am	<b>Classic Yoga Flow</b> <i>Artists: Integral Yoga Institute</i>	(H) Rooftop Terrace, Deck 12 Aft
9:00am – 9:30am	<b>Relax, Breathe and Meditate</b> <i>Artists: Integral Yoga Institute</i>	(H) Rooftop Terrace, Deck 12 Aft
10:30pm – 11:00pm	<b>Starlight Meditation</b> <i>Artists: Integral Yoga Institute</i>	(H) Rooftop Terrace, Deck 12 Aft
MARCH 25 • SATURDAY		
8:00am – 9:00am	<b>Classic Yoga Flow</b> <i>Artists: Integral Yoga Institute</i>	(H) Rooftop Terrace, Deck 12 Aft
9:00am – 9:30am	<b>Relax, Breathe and Meditate</b> <i>Artists: Integral Yoga Institute</i>	(H) Rooftop Terrace, Deck 12 Aft
10:30pm – 11:00pm	<b>Starlight Meditation</b> <i>Artists: Integral Yoga Institute</i>	(H) Rooftop Terrace, Deck 12 Aft
MARCH 26 • SUNDAY		
8:00am – 9:00am	<b>Classic Yoga Flow</b> <i>Artists: Integral Yoga Institute</i>	(H) Rooftop Terrace, Deck 12 Aft
9:00am – 9:30am	<b>Relax, Breathe and Meditate</b> <i>Artists: Integral Yoga Institute</i>	(H) Rooftop Terrace, Deck 12 Aft
10:30pm – 11:00pm	<b>Starlight Meditation</b> <i>Artists: Integral Yoga Institute</i>	(H) Rooftop Terrace, Deck 12 Aft
MARCH 27 • MONDAY		
8:00am – 9:00am	<b>Classic Yoga Flow</b> <i>Artists: Integral Yoga Institute</i>	(H) Rooftop Terrace, Deck 12 Aft
9:00am – 9:30am	<b>Relax, Breathe and Meditate</b> <i>Artists: Integral Yoga Institute</i>	(H) Rooftop Terrace, Deck 12 Aft
10:30pm – 11:00pm	<b>Starlight Meditation</b> <i>Artists: Integral Yoga Institute</i>	(H) Rooftop Terrace, Deck 12 Aft
MARCH 28 • TUESDAY		
8:00am – 9:00am	<b>Classic Yoga Flow</b> <i>Artists: Integral Yoga Institute</i>	(H) Rooftop Terrace, Deck 12 Aft
9:00am – 9:30am	<b>Relax, Breathe and Meditate</b> <i>Artists: Integral Yoga Institute</i>	(H) Rooftop Terrace, Deck 12 Aft

10:30pm – 11:00pm	<b>Starlight Meditation</b> <i>Artists: Integral Yoga Institute</i>	(H) Rooftop Terrace, Deck 12 Aft
-------------------	--	----------------------------------

---

**MARCH 29 • WEDNESDAY**

---

8:00am – 9:00am	<b>Classic Yoga Flow</b> <i>Artists: Integral Yoga Institute</i>	(H) Rooftop Terrace, Deck 12 Aft
-----------------	---	----------------------------------

9:00am – 9:30am	<b>Relax, Breathe and Meditate</b> <i>Artists: Integral Yoga Institute</i>	(H) Rooftop Terrace, Deck 12 Aft
-----------------	---	----------------------------------

---